

# THE KING

The Parish Magazine of  
St. Edmund the King, Northwood Hills  
JULY 2026



# THE PARISH CHURCH OF ST. EDMUND THE KING

## NORTHWOOD HILLS

**VICAR** The Reverend Michael Miller (020) 8866 9230  
The Vicarage, 2 Pinner Road, Northwood HA6 1QS  
*e-mail* vicar@saintedmundschurch.org.uk

**LAY MINISTER** Miss Sarah Parnaby (020) 8866 8309

**SERVICES** Principal Service - Sung Eucharist at 10.00 am every Sunday  
Also streamed from our website  
Other Services - Said Eucharist  
7.15 pm Tuesdays, 6.00 pm Wednesdays,  
10.00 am Thursdays, 11.00 am Fridays, Saturdays 10.30 am

### SUNDAY SCHOOL

Sundays at 10.00 am in the Hall during term time.  
Please contact Carol Diggins on 07827 159 586 for more information.

Arrangements for the SACRAMENT OF RECONCILIATION (Confession),  
BAPTISMS, FUNERALS, WEDDINGS, and BANNINGS OF MARRIAGE -  
please telephone the Vicar.

### OFFICERS

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### ORGANISATIONS

Women's Guild Sarah Parnaby (020) 8866 8309

Arrow Players Michael Warrick 07813 618 225

Youth Group Steve Castle 3a Willows Close, Pinner HA5 3SY (020) 8868 0482


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Brownies Nicola Setterfield *e-mail* brownies6northwood@yahoo.co.uk 07742 886 758

### MAGAZINE

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**WEBSITE** [www.saintedmundschurch.org.uk](http://www.saintedmundschurch.org.uk)

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## HOW TO RECEIVE THE MAGAZINE

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If you know someone who does not have internet access and would like a printed copy of this magazine, please contact Steve Castle at [steven.castle@saintedmundschurch.org.uk](mailto:steven.castle@saintedmundschurch.org.uk) giving their name and postal address (having first obtained their permission to supply this personal information).

We publish a free weekly e-mail newsletter which contains links to the latest edition of this magazine and to The Orbit pew sheet.

You can subscribe to the weekly e-mail by completing the form at <https://tinyurl.com/subscribe-orbit> or by visiting [www.saintedmundschurch.org.uk](http://www.saintedmundschurch.org.uk) and clicking the “Subscribe” link underneath “Weekly Newsletter”.



### AUGUST MAGAZINE

*All contributions for the August Magazine to be with Jenny Jones by*

**Friday 17<sup>th</sup> July**

**020 8866 7173**

**[jonesjennye@googlemail.com](mailto:jonesjennye@googlemail.com)**

*The August Magazine will be available from Sunday 26<sup>th</sup> July*

# FR. MICHAEL'S LETTER

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Dear Friends,

July arrives with its familiar mixture of sunshine, school holidays, and - this year especially - a feast of sport. With the World Cup capturing imaginations across the globe, and Wimbledon gracing our screens once again, it feels as though the whole world is watching people give their all for a prize that only one can win.

There is something deeply human about these great sporting moments. We see the joy of victory, the heartbreak of defeat, the discipline behind every serve, sprint, and save. We see individuals and teams striving with purpose, focus, and resilience. And it is hard not to be drawn in.

St. Paul clearly understood the power of such imagery. Writing to the Corinthians, he says:

“Run in such a way as to get the prize.”

“I press on toward the goal ...”

Paul wasn't talking about trophies, medals, or centre-court glory. He was pointing us toward a life lived with purpose, clarity, and faithfulness - what he elsewhere calls “running the straight race”. Not the easiest race, nor the quickest, but the one that leads us deeper into the life of Christ.

Sport reminds us that:

- Discipline matters - just as faith grows through prayer, worship, and acts of love.
- We don't run alone - we are part of a team, a community, a body.
- Setbacks don't define us - what matters is that we rise again.
- The true prize is not earthly - but the life of grace God sets before us.

As we enjoy the matches, the rallies, the drama and delight of this summer's competitions, perhaps we might also hear Paul's gentle encouragement: to keep going, to stay focused on what truly matters, and to run our own race with perseverance and hope.

May this July bring you rest, joy, and renewed strength.

With love and prayers

*Fr. Michael*

# CALENDAR AND PRINCIPAL SERVICE READINGS JULY 2026

**Principal Service** - Sung Eucharist at 10.00 am every Sunday

- 3 Thur **St. Thomas, Apostle**  
Habakkuk 2.1-4, Ephesians 2.19-end, John 20.24-29
- 5 SUN **5<sup>th</sup> SUNDAY AFTER TRINITY**  
Zechariah 9.9-12, Romans 7.15-25a, Matthew 11.16-19,25-end  
11.15 am Bring and Buy Sale
- 12 SUN **6<sup>th</sup> SUNDAY AFTER TRINITY**  
Isaiah 55.10-13, Romans 8.1-11, Matthew 13.1-9,18-23
- 14 Tues 2.30 pm Women's Guild
- 19 SUN **7<sup>th</sup> SUNDAY AFTER TRINITY**  
Wisdom of Solomon 12.13,16-19,  
Romans 8.12-25, Matthew 13.24-30,36-43
- 22 Wed **St. Mary Magdalene**  
Song of Solomon 3.1-4, 2 Corinthians 5.14-17, John 20.1-2,11-18
- 26 SUN **8<sup>th</sup> SUNDAY AFTER TRINITY**  
1 Kings 3.5-12, Romans 8.26-end, Matthew 13.31-33,44-52



## FR. MICHAEL'S 20<sup>th</sup> ANNIVERSARY OF PRIESTING

Will be celebrated at 7 pm on Friday 3<sup>rd</sup> July  
with a Sung Eucharist. It will be followed by a reception in the Hall.  
Please keep the date free. Invitations are in the foyer.



## FR. PHILIP BARNES' 'SILVER JUBILEE'

Fr. Philip will be celebrating his Silver Jubilee on Saturday 4<sup>th</sup> July  
at St. Stephen's, Gloucester Road with a Sung Mass at 3 pm.  
He has sent an invitation to everyone at St. Edmund's  
and would be delighted if people could join him.

**SUNDAY SCHOOL**   
at St Edmund's Church  
For more information  
call Carol 07827 159 586

 **BRING - AND - BUY  
SALE**  
**1st SUNDAY OF  
EACH MONTH**  
**11.15am IN THE HALL**  
Part of our Eco Church Project

**St. EDMUND'S WOMEN'S GUILD**  
will meet on Tuesday 14<sup>th</sup> July at 2.30 pm  
for a talk by Colin Richards  
on the formerly locally-made product "Ovaltine"  
Followed by refreshments  
All are welcome

**St. EDMUND'S YOUTH GROUP**  
Meets usually every 2 weeks  
on Wednesdays during term time;  
7.30 - 9 pm, in the Hall. Open to all aged 10-16.  
Contact Steve Castle on 020 8868 0482 for information.  
See [www.saintedmundschurch.org.uk/youthgroup](http://www.saintedmundschurch.org.uk/youthgroup)  
for details and dates

# PAROCHIAL CHURCH COUNCIL NOTES

The PCC met in early June for the first time since the APCM. This does not mean that we weren't busy in the background keeping everything running, books balanced and repairs made. Our June meeting was an opportunity to discuss some of the repairs that have been undertaken including the investigation into the heating system's water leak. Thankfully just after the meeting the plumbing company identified where it was, in the corner of the Church Hall, and fixed it over the next 2 days. There was quite a bit of work to make this happen, including moving the nursery into the main Church which, thankfully, worked very smoothly (the children apparently preferred the Church to the Hall!). We have also set dates for the Quinquennial Inspection of the church to take place. We have asked the QI to carry out an inspection of the Hall at the same time which will hopefully provide some clarity on the condition of the roof and therefore an informed timescale for the roof work. Internal ceiling tiles in the church have moved and therefore it has been decided, with the QI's agreement, that work to re-fix these will be undertaken relatively soon. Continuing with the repair and construction theme, the PCC discussed the upcoming electrical work in the kitchen and how it is a great opportunity to modernise the space, including replacing the gas cooker with an electric one which aligns to our Eco philosophy and will also reduce our gas bill.

Financial matters of note was St. Edmund's Common Fund offer for 2027. As you may recall the Common Fund is a way that all churches, whether large or small, contribute what they can in order that every parish is able to run regardless of their income. This was a passionate discussion as we were conflicted. Naturally, we want to contribute as much as possible, however, we are mindful of the amount of expensive work we have to do in the near future to keep our buildings safe and dry. Thankfully, after our discussion involving everyone we were able to come to agreement. Additionally, it was also the time of year when we discussed Hall hire charges and whether they need to be adjusted. We have a responsibility to ensure that we charge inline with market value to support the church's income whilst being mindful of our current hirers. This was a more straightforward discussion.

A large portion of the meeting was taken up reviewing our policies and ensuring that they are up to date and fit for purpose. After a lengthy discussion last year, we were in a better position to review the policies and only identified a couple of minor amendments.

It was a long evening but I'm sure you'd agree that it was a very important one. It was also Nicky Setterfield's first meeting on the PCC and Fr. Michael naturally welcomed her, along with Lorraine, our newly appointed Parish Safeguarding Officer who, after giving a short introduction covering her previous experience, updated us on how to access safeguarding advice and support.

If you want to know more about what your PCC is doing please speak to one of the members.

Amanda Roberts, PCC Secretary

# RAISE THE ROOF UPDATE



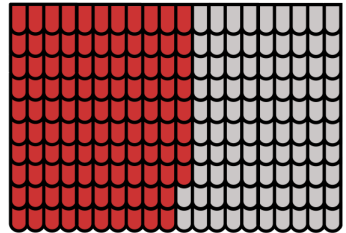
Dear Friends,

Thank you to everyone who helped with and supported the Summer Fair which was an enjoyable day with good (and thankfully not over-hot) weather! Thanks to the profit from this event (currently standing at £1,670) and some other income we are able to colour in a further **2 tiles** bringing our total raised to £108,000. Thank you again for all your support.

## Personal Donations: An Appeal

We can only reach our fund-raising target through a combination of prayer, collective fundraising events, grants and personal donations.

If, after prayerful thought and consideration, you feel able to make a personal donation towards the Hall and Lady Chapel roof replacement, it would be greatly appreciated.



**£108,000 raised**    **£92,000 to raise**

Donations may be made in several ways:

- by bank transfer to our account with CAF Bank (preferred method, as we receive the whole amount with no fees taken):
  - account name: PCC of St. Edmund The King, Northwood Hills
  - sort code: 40-52-40
  - account number: 00017222
  - reference “Raise the Roof”
- by online donation via credit or debit card or PayPal by clicking the “Donate here” button on our website: [www.saintedmundschurch.org.uk](http://www.saintedmundschurch.org.uk)
- by cheque, made payable to PCC of St. Edmund The King (with “Raise the Roof” written on the reverse, please). Cheques may be sent to The Treasurer, St. Edmund’s Church, 2 Pinner Road, Northwood. HA6 1QS.

Thank you for considering a donation, and to those who have already donated so generously. Please continue to keep the project in your prayers as we seek to keep our Hall and Lady Chapel open, safe and available for all in our Parish.

With my best wishes      Steve Castle

Greetings to you all.

May/June was a busy time for festivals: we had three in a row. First came Pentecost on Sunday 24<sup>th</sup> May 24<sup>th</sup>, right at the beginning of that hot spell. Fire was definitely an appropriate image, with the coming of the Holy Spirit in tongues of fire on that first Pentecost. A more encouraging sign was the display of beautiful, vivid red outfits worn by a number of those in the congregation to celebrate the Feast. We were freshly inspired by the story of the disciples who, filled with the Holy Spirit, could speak to the crowds gathered for the Jewish Harvest Festival in their own languages - thus providing a very different kind of harvest: one of believers.

The second Festival, on 31<sup>st</sup> May, was Trinity Sunday, which most preachers dread, as the idea of God being three persons in one is not easily explicable! Images suggested in the past can be helpful, such as the threefold shamrock leaf which St. Patrick used to demonstrate how something can be both one and three, and St. Cyril's example of the sun, which is something in itself, but gives forth both light and heat. The picture that speaks to the heart, though, is the icon by Andre Rubev which shows three divine figures grouped harmoniously round a table, at which there is also a place for the viewer. It speaks of the love of the persons of God for each other - and, further, God's love and hospitality towards us.

This sense of God sharing Himself with all, was very much a part of the third Festival, Corpus Christi ('the Body of Christ'), which we celebrated on Sunday 7<sup>th</sup> June. This is a thanksgiving for the Eucharist, when Christ offers Himself to all of us in the Sacraments of bread and wine - showing His love in something very tangible. We demonstrated God's reaching out to the world beyond the church, by processing along the street, singing praises and holding aloft the Monstrance displaying the Host - the Bread of Life. Our young people showed joyful reverence by wearing white and scattering rose-petals ahead of the procession.

I encourage you to revisit Fr. Michael's sermons for all these festivals online, as they help greatly in our understanding of the deeper meanings of these Holy Days.

On Saturday 6<sup>th</sup> June, Mary and I attended the meeting of 'Ladies in Faith Together' (LIFT) at the London School of Theology (LST) in Northwood. This is always a 'lifting' occasion, as we meet people from every kind of church in the area, and spend time in fellowship and prayer together.

After the delicious breakfast, we moved into a time of prayer and praise. (One of the worship songs was a heart-stirring version of the Nicene Creed, which I'd never come across before.) There followed two presentations from current students of LST: one was 70 and the other nearer 17! They spoke confidently, and are clearly enjoying their time and studies there.

Then our main speaker, Clare Banham, told us about a Herts-based charity called Haven Hope, which she was instrumental in founding. Its purpose is to provide support for young people suffering from problematic anxiety and help them to

strengthen their mental resilience. For this they provide local support groups and school courses. Social Services and schools have been struggling to give the high number of young sufferers the help and the time they need. As a Christian foundation, the Charity wants young people to experience 'Life in all its fullness'. We discussed in small groups what it was that stopped people sharing their feelings of anxiety: sadly, it is sometimes church people who fail them, by being too judgmental or impatient.

This is certainly not the approach of Clare and her co-workers, who employ proven techniques such as cognitive behavioural therapy, mindfulness and breathing exercises, as well as showing the love of God through their understanding and attentive listening; thus do they empower these young people to move forward from their crippling fear into a place of calm and confidence. I found the session very heartening.

Another inspiring presentation was to be heard at the meeting of Women's Guild, held on Tuesday 9<sup>th</sup> June. Jan Heath, an old fellow-student of Carol's and a good friend of St. Edmund's, gave an illustrated talk about her support of a charity in Sri Lanka called Shilpa Children's Trust.

It caused great distress to Jan and her husband Ken to learn of the tsunami in 2004, when many Sri Lankans lost family, home and possessions. Initially, they sent a donation to the Sri Lankan Embassy as advised, but they wanted to do more. They decided to take money out to Sri Lanka and donate it directly. This did not work out as well as they'd hoped, as it either got misdirected or, in the case of their attempts to help some failing tourist shops, they ended up buying and carrying home a load of tourist gifts they didn't particularly want! However, in the face of such devastation, they had no intention of giving up trying to help, especially since they'd heard that corrupt officials had pocketed a lot of the money donated from abroad.

Firstly, instead of holding a Secret Santa at work, Jan got the staff each to donate £5 to charity. This was delivered by a colleague, Mohindra, (a frequent visitor to Sri Lanka) to a charity in Colombo called the Shilpa Children's Trust, which looked after girls in dysfunctional or abusive family situations. There were also many children suffering in the area round the southern tip of Sri Lanka, and the charity had an outreach programme whereby they paid a girl's guardian to ensure that they kept her in education and ensured regular health checks. This is where Mohindra wisely invested the money. The girls who were sponsored did well - for example, a young lady called Mahinda who had lost her parents in the tsunami (her father died when out fishing). Fortunately, her guardian was her very determined grandmother, who not only made sure Mahinda was properly looked after and educated, but saved the donated money for her future life and studies - and had set up a little shop to build up the family finances further. What an enterprising lady! She also had to look after Mahindra's brother, who was traumatised by the tragic events.

Sponsors of these children would receive regular reports, an up-to-date photo, and letters, cards and drawings from the child - which created a personal link. Mohindra remained a faithful messenger, delivering donations personally, so as to avoid extra costs. The Charity was scrupulous in its organisation, producing detailed receipts for everything donated. It was so good to hear of their efforts to support those in need.

At Eastertime in 2009, Jan and Ken were able to visit the Charity and their orphanage in Colombo which the government had set up after the tsunami: they were very impressed. They were also able to visit Mahinda and her family, which gave them great joy. I know of similar organisations - but this one really seemed to have the personal touch. We are grateful to Jan for her interesting and heart-warming talk. Afterwards we enjoyed a ravishing tea - thanks to all the providers! - and a friendly catch-up.

We were delighted to have Fr. Mike Still from St. Mary's, Kenton, taking our services on Thursday 11<sup>th</sup> and Sunday 14<sup>th</sup> July. Knowing the Thursday Mass-goers' penchant for sweet things, he made us some mince pies topped with marzipan: much appreciated! On the Sunday, Fr. Mike's message in his sermon, based on Matthew chapters 9 and 10, was that just as Jesus perceived that the 'harvest' of listeners was great and the workers were few, the same is true now - and we should pray for more 'workers' to spread the Gospel. In fact, he stated, our mission is first and foremost to pray, so that when God sends workers to share the Good News with the lost, they will hear and believe; and they will call upon the Lord and be saved. Furthermore, as we pray, we ourselves must be prepared to be part of the answer, and be ready to go where God sends us. This was definitely another sermon worth revisiting online. We look forward to Fr. Mike's next visit.

St. Edmund's Summer Fair on Saturday 20<sup>th</sup> June was very enjoyable: we had good weather and a fair amount of footfall. As usual, it was a happy atmosphere and it was lovely to welcome new punters as well as old friends. The Grand Draw had more prizes than usual - making us look a bit like an Off-Licence! The lunches were delicious, and the plant stall was very popular - as were the side-shows, the amazing cakes, the books and the bric-a-brac. I found a lovely pink wrap to match my sundress.

On the evening of Friday 3<sup>rd</sup> July we will celebrate the 20<sup>th</sup> Anniversary of Fr. Michael's priesting, with a Eucharist followed by a party. We congratulate Fr. Michael on his long period (I won't say stretch!) of service in the Church, and look forward to the festivities!

Enjoy the Summer!



## **6<sup>th</sup> NORTHWOOD BROWNIES**

**Brownies are part of Girlguiding, open to girls aged 7-10**

**We meet at St. Edmund's Hall**

**on Wednesdays from 5.30 pm to 7 pm**

**For information, please contact Nicola at**

**[brownies6northwood@yahoo.co.uk](mailto:brownies6northwood@yahoo.co.uk)**

# IF IT RAINS ON ST. SWITHUN'S DAY ...

Mike Godden

St. Swithun's Day is 15<sup>th</sup> July. Swithun (d. 863 AD) was an Anglo-Saxon Bishop of Winchester and subsequently patron saint of Winchester Cathedral. His historical importance as Bishop is overshadowed by his reputation in traditional popular culture that "if it rains upon St. Swithun's day it will continue for forty days.". Actually, this in itself is a misinterpretation - the folklore is more specific; it originally had "on St. Swithun's bridge upon (*his*) day".

Swithun had a reputation as a miracle worker. He was made famous for his "Winchester egg-woman" miracle. This isn't about a woman who turns into an egg, or a lady who was half-woman, half-egg... the story goes that an old lady's eggs had been smashed on a bridge by workmen building a church. Swithun picked the broken eggs up and, it is said, they miraculously became whole again.

Another miracle, occurring after his death, is what gave rise to the now famous folklore. On his deathbed he pleaded that his body be buried outside by the north wall of his cathedral, where it might be subject to the feet of passers-by and to the raindrops pouring from on high, ever the humble man. But more than 100 years later, on 15<sup>th</sup> July, the monks at Winchester moved St. Swithun's remains to an elaborate shrine inside the cathedral, to be venerated by pilgrims. The spirit of St. Swithun wasn't happy with this, though, and expressed his displeasure with ferocious and violent rainstorms that lasted 40 days and nights. Or, at least, that's the story dating from the 17<sup>th</sup> century. But 10<sup>th</sup> century writers tell a different tale ... they say that that the move took place in accordance with Swithun's desire expressed in a vision ... and another, later, writer suggests, rather boringly, that it all derives from "a tremendous downpour of rain" on 15 July 1315. In Durham. Not Winchester. Notwithstanding any of that, the legend was born.

So, to a traditional version ...

St. Swithun's day if thou dost rain  
For forty days it will remain  
St. Swithun's day if thou be fair  
For forty days 'twill rain nae mare

There are regional variations. Buckinghamshire has, less predictively:

If on St. Swithun's day it really pours  
You're better off to stay indoors

And there are similar traditions in a number of other countries, each using their own local Saint with a feast day around the same time of year.

Of course, you can take a thoroughly modern view; you can lean towards meteorological observations about jet stream patterns etc., etc., and dismiss it all with a "well, it would do, wouldn't it?". But that's not much fun, is it!

# HYMN OF THE MONTH

Mike Godden

At Harvest time, our thanksgiving tells us that, amid all that field-ploughing and seed-scattering, "All good gifts around us are sent from heaven above". And that is just as true for the rest of the year, in all sorts of ways, as illustrated by this hymn.

For the beauty of the earth,  
For the beauty of the skies,  
For the Love which from our birth  
Over and around us lies:  
Christ, our God, to Thee we raise  
This our Sacrifice of Praise.

For the beauty of each hour  
Of the day and of the night,  
Hill and vale, and tree and flower,  
Sun and moon and stars of light:  
Christ, our God, to Thee we raise  
This our Sacrifice of Praise.

For the joy of ear and eye,  
For the heart and brain's delight,  
For the mystic harmony  
Linking sense to sound and sight:  
Christ, our God, to Thee we raise  
This our Sacrifice of Praise.

For the joy of human love,  
Brother, sister, parent, child,  
Friends on earth, and friends above;  
For all gentle thoughts and mild:  
Christ, our God, to Thee we raise  
This our Sacrifice of Praise.

For each perfect Gift of Thine  
To our race so freely given,  
Graces human and Divine,  
Flowers of earth, and buds of Heaven:  
Christ, our God, to Thee we raise  
This our Sacrifice of Praise.

For Thy Bride that evermore  
Lifteth holy hands above,  
Offering up on every shore  
This Pure Sacrifice of Love:  
Christ, our God, to Thee we raise  
This our Sacrifice of Praise.

For Thy Martyrs' crown of light,  
For Thy Prophets' eagle eye,  
For Thy bold Confessors' might,  
For the lips of Infancy:  
Christ, our God, to Thee we raise  
This our Sacrifice of Praise.

For Thy Virgins' robes of snow,  
For Thy Maiden Mother mild,  
For Thyself, with hearts aglow,  
Jesu, Victim undefiled,  
Offer we at Thine own Shrine  
Thyself, sweet Sacrament Divine.

The text of the hymn (shown here in its original form - the last 2 verses are now rarely used) was written by Anglican educator and poet Folliot Sandford Pierpoint (1835-1917), and first published in 1864 in "*Lyra Eucharistica*", a collection of hymns intended for use at Holy Communion. The refrain echoes part of the post-communion Prayer of Oblation from the *Book of Common Prayer*, also used in the traditional language version of Holy Communion in *Common Worship* - 'O Lord and heavenly Father, we thy humble servants entirely desire thy fatherly goodness mercifully to accept this our sacrifice of praise and thanksgiving'.

Pierpoint was born in Bath, and was educated at Queen's College, Cambridge, and periodically taught classics at the prestigious Somersetshire College, housed in part of The Circus in Bath.

Being of independent means, he was able to devote much of his time to personal study and writing. His three volumes of poetry were collected in 1878; he contributed hymns to *The Hymnal Noted* (1852) and *Lyra Eucharistica*. The story is told of how in 1863 he sat on a hilltop outside Bath, admiring the country view and the winding Avon River. Contemplation of the view led him to think about God's gifts in creation and in the church, which was his inspiration for the hymn.

The tune usually used for the hymn is "England's Lane", first published as "Goodfellow" in 1919 in *The Public School Hymn Book*. It was adapted by Geoffrey Shaw from a traditional English melody. It was renamed "England's Lane" in *Songs of Praise* (1925).

Geoffrey Turton Shaw (1879-1943) was born at Clapham; he was a composer and musician specialising in Anglican church music. He was a chorister at St. Paul's Cathedral, then educated at Derby School and Gonville and Caius College, Cambridge, where he was organ scholar. He taught at Gresham's School in Holt, Norfolk from 1902 to 1910, where he was Director of Music, then became an inspector of music in London schools (1911-1940). He was organist at several London churches, including St. Mary's, Primrose Hill.



## 31<sup>ST</sup> JULY ST. IGNATIUS OF LOYOLA (1491-1556)

Priest, theologian, missionary, soldier, founder of the Society of Jesus ("Jesuits")

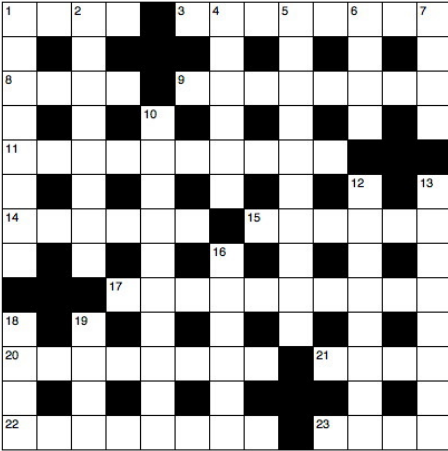
The son of a Basque nobleman, Ignatius served as a soldier and was wounded at the siege of Pamplona. During his convalescence he read a Life of Christ, was converted and lived a life of prayer and penance, during which he wrote the first draft of his "Spiritual Exercises". He gathered six disciples, and together they took vows of poverty and chastity, and promised to serve the Church either by preaching in Palestine or in other ways that the Pope thought fit.

By 1540, Ignatius had won papal approval for his embryonic order, and the Society of Jesus was born. For the next 16 years, he directed the work of the Jesuits as it spread around the world, until his sudden death on 31<sup>st</sup> July 1556.

A prayer attributed to St. Ignatius (and used each year at the Cenotaph) :

Good Lord, teach us to be generous.  
Teach us to serve Thee as Thou deservest;  
to give and not to count the cost;  
to fight and not to heed the wounds;  
to toil and not to seek for rest;  
to labour and not to seek any reward,  
save that of knowing that we do Thy will. Amen.

## JULY CROSSWORD



### ACROSS

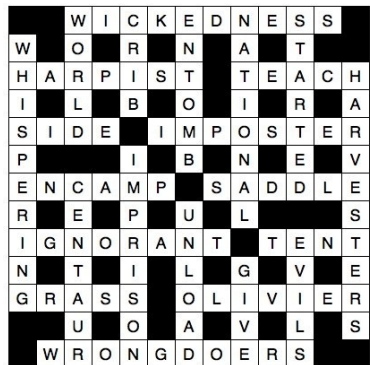
1. Proverbs describes her as being 'of noble character' (*Proverbs 31.10*) (4)
3. 'Shall we go up again — — against the Benjamites, our brothers?' (*Judges 20.23*) (2,6)
8. A descendant of Shem (*Genesis 10.28*) (4)
9. 'Anyone who does not carry his cross and follow me cannot be my — ' (*Luke 14.27*) (8)
11. Resentment (*Ephesians 4.31*) (10)
14. In Cain (anag.)(6)
15. 'Such knowledge is too wonderful for me, too lofty for me to—' (*Psalms 139.6*) (6)
17. Intense (*1 Thessalonians 4.5*) (10)
20. Third Order of the Roman Catholic Church (8)
21. 'At midnight the cry rang out, "Here's the bridegroom! Come out to — him"' (*Matthew 25.6*) (4)
22. 'My grace is sufficient for you, for my power is made perfect in — ' (*2 Corinthians 12.9*) (8)
23. 'As the — pants for streams of water, so my soul pants for you, O God' (*Psalms 42.1*) (4)

### DOWN

1. Nickname of popular First World War chaplain, the Revd G.A. Studdert Kennedy, — Willie (8)
2. Occasion of religious joy (*Lamentations 2.22*) (5,3)
4. 'We three kings of — are' (6)
5. Allegation or charge (*Jude 9*) (10)
6. Kind (*1 Chronicles 12.33*) (4)
7. 'Open your — and look at the fields!' (*John 4.35*) (4)
10. Also known as the Feast of Lights (*John 10.22*) (10)
12. Area that saw the healing of two demon-possessed men and a herd of pigs stampeding to their deaths (*Matthew 8.28*) (8)
13. Forebear (*James 2.21*) (8)
16. Name given to the first two books of the Apocrypha(6)
18. Esau sold his birthright for this (*Genesis 25.34*) (4)
19. Rear(anag.)(4)



## June Crossword Solution



*The Church of St. Edmund the King has been serving  
the Parish of Northwood Hills since 1934.*

*The Parish is in the Harrow Deanery of  
the Willesden Episcopal Area of the Diocese of London*



*Edmund was the devout young King of the East Angles,  
martyred by the Danes for his allegiance to Christ  
in the year 869 when he was 29 years old.  
The crown and arrows of the church crest  
symbolise his Kingship and Martyrdom.*

